

Articulation 10

Triple Tongue Building Blocks

In this exercise, the aim is to focus on triple tonguing (DGD), but as a double tongue action (DGD GDG).

The more relaxed and free the throat is, the greater the chances of success.

With your tongue remaining close to the points of contact in the mouth as much as possible, just talk through the first two bars:

DGD G, DGD G, DGDGDG D D D, DGD G, DGD G, DGDGDGDG D.

I have repeated the first four bars of the exercise for familiarity and either without or with the flute, this can be rolled out as often as you wish (the more the merrier, but perhaps not whilst queuing for a bus). Start slowly in order to encourage all parties to cooperate comfortably.

As always, we have to be realistic and accept the fact that Rome was not built in a day.

Progress may well be slow and not necessarily that obvious, but with diligence it will eventually be there, whilst at the same time, perseverance will also become a new friend.

More detailed analysis and Practice Notes for Articulation 10, Triple Tongue Building Blocks, are available to subscribers of Simply Flute: <https://www.simplyflute.com/flute/subscribe/>

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C major

mf f mf f

mf f

mf f

mf f

mf f

f

mf *f*

f

mf *f*

f mf *f*

f

f mf *f*

A minor

p mp *p* mp

p mp

p mp *p* mp

The image displays a musical score for flute, consisting of ten staves of music. Each staff contains a melodic line with various articulation exercises. The exercises are marked with dynamic levels: *p* (piano), *mp* (mezzo-piano), and *p* (piano). The exercises are connected by slurs and include various articulation marks such as accents, slurs, and breath marks. The key signature is one flat (B-flat major or D minor), and the time signature is 4/4. The score concludes with a double bar line and a key signature change to one flat.

F major

The musical score consists of nine staves of music in F major. The first staff begins with a double bar line and repeat dots. The music is primarily composed of eighth-note patterns, often grouped in threes. Dynamic markings include *mf* and *f*, with slurs and accents indicating phrasing. The second staff features triplet markings above groups of three notes. The third staff includes a triplet of eighth notes and a checkmark above the final note. The fourth staff also features a checkmark above the final note. The fifth staff begins with a *mf* marking. The sixth, seventh, and eighth staves continue the eighth-note patterns with various dynamic and articulation markings. The ninth staff concludes with a *mf* marking and dynamic changes to *f*.

The image displays a musical score for flute, consisting of nine staves of music. The key signature is one flat (B-flat major or D minor). The first staff begins with a dynamic marking of *f* and includes slurs and accents. The second and third staves continue with melodic lines, featuring slurs and accents. The fourth staff is labeled "D minor" and contains a series of triplet exercises with dynamic markings of *p* and *mp*. The fifth staff continues with more triplet exercises. The sixth, seventh, eighth, and ninth staves feature melodic lines with various articulation marks, including slurs and accents, and dynamic markings of *p* and *mp*.

The image displays six staves of musical notation for flute, each containing a sequence of notes with various articulation markings. The notes are primarily eighth and sixteenth notes, often beamed together. The key signature is one flat (B-flat). The exercises are as follows:

- Staff 1:** A continuous sequence of notes with four slurs underneath.
- Staff 2:** A sequence of notes starting with a *p* dynamic marking, followed by a slur and a *mp* dynamic marking.
- Staff 3:** A sequence of notes starting with a *p* dynamic marking, followed by a slur and a *mp* dynamic marking, and then four more slurs.
- Staff 4:** A sequence of notes with slurs and accents (>) underneath. Dynamic markings *p*, *mp*, *p*, and *mp* are placed below the notes.
- Staff 5:** A sequence of notes with slurs underneath. A checkmark (✓) is placed above the first note of the second phrase.
- Staff 6:** A sequence of notes with slurs underneath. A checkmark (✓) is placed above the first note of the second phrase, and a fermata is placed over the final note.